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** Beaver County Office on Aging **

**is sponsoring a conference to address**

**Caregivers of Older Adults & Grandparents raising Grandchildren**

**Wednesday, April 15, 2020**

**9:00am to 2:30pm**

**Location: The Center at the Mall inside the Beaver Valley Mall (near Planet Fitness)**

**Monaca, PA**

* **Registration required, Continental Breakfast and Lunch provided**
* **Panel of 6 presenters on various topics including:**
* **The importance of caring for the caregiver, dementia, compassion and fatigue, combating frustration with coping skills, legal aspects of caregiving, sustaining physical, mental, emotional and spiritual health for the caregiver**
* **Understanding social media and technology and the challenges it presents with grandchildren, utilizing technology in the classroom**
* **Communicating with pre-teens and teenagers, verbal and non-verbal methods, developing positive relationships with case managers**
* **Caregivers dealing with substance abuse disorders within the family**
* **Local resource providers and support groups in Beaver County**

**Register today:** **lscaff@bccan.org** **(provide name and email address for registration)**

**No charge, compliments of BCOA provided by Department of Aging Caregiver Support Program**

***To register by phone if email is not available Contact Teresa @ 724-847-2262***