

Co-Occurring Disorder Series 2020

Fairfield Inn
1438 Brodhead Rd
Monaca, Pa 15061

&

Hilton Garden Inn
2000 Wagner Road Ext S
Monaca, Pa 15061

4/3/2020	Understanding Co-Occurring Disorders
4/17/2020	Screening, Referral & Resource Tools for Clients with Co-Occurring Disorders
5/1/2020	Moving Co-Occurring Clients Through the Stages of Change
5/15/2020	The Young Brain: The Impact of Mental Health & Substance Use
5/29/2020	Effective Group Approaches for Co-Occurring Clients
6/5/2020	Engaging Families to Improve Co-Occurring Outcomes
6/19/2020	Choice & Voice: Helping Co-Occurring Clients Manage Medication
6/26/2020	Co-Occurring Disorders Do Not Discriminate: A Look at Special Populations
7/10/2020	Clinical Assessment & Documentation for Co-Occurring Disorders
7/24/2020	Suicide & Violence in the Co-Occurring Culture
8/7/2020	Self-Care as an Ethical Priority

Presented by Jill Perry

Counselor, MS, NCC, LPC, CAADC, SAP

All courses are approved for:

- **Social Work Credits** through the University of Pittsburgh School of Social Work
- **CEUs** for Mental Health Professionals

This training series is **FREE** and open to Beaver County providers, consumers and family members. Pre-registration is **required**. Please use registration form at the end of this flyer.

Sponsored by Beaver County Behavioral Health

2020 Co-Occurring Disorder 11-Part Series

Descriptions, Dates & Locations

Understanding Co-Occurring Disorders

April 3, 2020 @ **Fairfield Inn**

9am – 4pm

This introductory session is an overview of the Co-Occurring Disorder Series. The training focuses on identifying the characteristics of co-occurring mental health and substance abuse disorders, as well as evidence-based models that treat co-occurring disorders concurrently and collaboratively.

Screening, Referral & Resource Tools for Clients with Co-Occurring Disorders

April 17, 2020 @ **Fairfield Inn**

9am – 4pm

Individuals with co-occurring disorders often show up in various settings. Appropriate screening, referral and resource tools help match those individuals to the best services. This training will focus on “no wrong door” which allows clients to get some direction and support regardless of where they go.

Moving Co-Occurring Clients Through the Stages of Change

May 1, 2020 @ **Fairfield Inn**

9am – 4pm

Prochaska and DiClemente’s Stage Theory is a highly-researched model that is helpful when working with clients with mental health issues and substance use disorders. This training will review the various processes of change, as well as techniques to help clients move forward in their overall recovery.

The Young Brain: The Impact of Mental Health & Substance Use

May 15, 2020 @ **Hilton Garden Inn**

9am – 4pm

Childhood, adolescence and young adulthood are times for significant growth – physically and emotionally. Because the young brain is not fully developed up to age 26, it responds differently than an adult brain. This advanced training will focus on these developments and how the young brain is impacted by mental health and substance use issues.

Effective Group Approaches for Co-Occurring Clients

May 29, 2020 @ **Fairfield Inn**

9am – 4pm

There are significant advantages to using group approaches when working with clients with mental health and substance use disorders. This training will review the ideal group dynamics, as well as creative group ideas. In addition, the benefit of self-help groups, such as 12-step groups, will be discussed.

Engaging Families to Improve Co-Occurring Outcomes

June 5, 2020 @ **Fairfield Inn**

9am – 4pm

Family dynamics have a significant impact on the success of treatment and recovery for individuals dealing with co-occurring disorders. This training will review methods to positively engage families and help them strengthen and grow. In addition, we will focus on relapse issues that can be impacted by dysfunction in the family and how to teach skills to clients to cope with dynamics they cannot change.

**Choice & Voice: Helping Individuals with Co-Occurring Disorders
Manage Medication**

June 19, 2020 @ Fairfield Inn
9am – 4pm

Medications are often a helpful, and sometimes necessary tool when working with co-occurring disorders. This advanced training will educate clinicians about the basics of medications for mental health issues, as well as substance use disorders. A review of how to help clients navigate their medication disclosure, including in a 12-step environment, will also be disclosed.

Co-Occurring Disorders Do Not Discriminate: A Look at Special Populations

June 26, 2020 @ Fairfield Inn
9am – 4pm

Understanding the generalities of co-occurring disorders is not enough. Community workers in various settings must also be aware of how sub-cultures are impacted in different ways. This advanced training will cover a review of the following special populations: youth, older adults, homeless, criminal justice, military & veterans, women and LGBTQIA.

Clinical Assessment & Documentation for Co-Occurring Disorders

July 10, 2020 @ Fairfield Inn
9am – 4pm

Accurate and thorough assessment, treatment planning and progress notes are an important part of any clinicians' role. This advanced training for clinicians will focus on integrating these processes and documents efficiently in order to provide ease of treatment and collaboration, as well as protection for staff.

Suicide & Violence in the Co-Occurring Culture

July 24, 2020 @ Hilton Garden Inn
9am – 4pm

Mental Health and substance use issues can be precursors to suicide and violence. This advanced training will look at this connection and help individuals examine their own views. In addition, participants will review the importance of on-going screening and assessment regarding suicide and violence while treating clients with dignity.

Self-Care as an Ethical Priority

August 7, 2020 @ Fairfield Inn
9am – 4pm

How we deal with our own lives impacts how we work with clients. Working with individuals with co-occurring disorders can often trigger our own unhealed wounds. This training will look at the importance of self-care and how it impacts our ethical decisions.

All courses are approved for 6 credit hours, this includes:

- **Social Workers** through the University of Pittsburgh School of Social Work
- **Continuing Education Units (CEU) for Mental Health Professionals**

Registration form for the COD Series 2020

**** Please make note of the location of each training you are requesting (in descriptions)****
This Beaver County training series is free of charge, but pre-registration is required, as space is limited.

Last FIVE digits of social security number: (For credits only) _____

First Name: _____ Last Name: _____

Agency: _____

Address: _____

City: _____ Zip: _____

Email: _____

Please indicate which training(s) you would like to attend:

- a) 4/3/2020 ___ Understanding Co-Occurring Disorders
- b) 4/17/2020 ___ Screening, Referral & Resource Tools for Co-Occurring Disorders
- c) 5/1/2020 ___ Moving Co-Occurring Clients Through the Stages of Change
- d) 5/15/2020 ___ *The Young Brain: The Impact of Mental Health & Substance Use
- e) 5/29/2020 ___ Effective Group Approaches for Co-Occurring Clients
- f) 6/5/2020 ___ Engaging Families to Improve Co-Occurring Outcomes
- g) 6/19/2020 ___ Choice & Voice: Helping Co-Occurring Clients Manage Medication
- h) 6/26/2020 ___ Co-Occurring Disorders Do Not Discriminate: A Look at Special Populations
- i) 7/10/2020 ___ Clinical Assessment & Documentation for Co-Occurring Disorders
- j) 7/24/2020 ___ *Suicide & Violence in the Co-Occurring Culture
- k) 8/7/2020 ___ Self-Care as an Ethical Priority

Please indicate what type of credit you are requesting:

___ Social Work

___ CEU

If you have any questions regarding the training series
Please contact Jennifer Boeringer
412-244-1244

Please return completed registration form to:

Jennifer@etc-pa.com

Or by fax: 412-244-1244