



Urban League of
Greater Pittsburgh

Empowering Communities.
Changing Lives.



Supplemental
Nutrition
Assistance
Program

HELP WITH HOME HEATING OR FOOD IS JUST A PHONE CALL AWAY

Apply for LIHEAP or SNAP (Food Stamps) over the phone!

It's FAST! It's EASY! It's CONFIDENTIAL!

CALL US:

412-313-4595

- Tell us where you live ... *Allegheny, Beaver, Butler, Greene, Lawrence, Washington, or Westmoreland County*
- Tell us you want to complete your SNAP or LIHEAP application with us, you may never have to go to the County Assistance Office

Household size	LIHEAP Gross Monthly Income Limit	SNAP Gross Monthly Income Limit*
1	1,458	1,557 / 1,946*
2	1,966	2,098 / 2,622*
3	2,473	2,640
4	2,981	3,181
5	3,488	3,722
6	3,996	4,264
7	4,503	4,805
8	5,011	5,346

*Seniors and disabled individuals qualify at higher incomes. Call us to find out more.