Developing Empathy for the Living Experience of Psychiatric Disability: A Simulation of Hearing Distressing Voices

October 22, 2014
1:00 - 4:00pm
Community College Beaver Co.
Learning Resource Room - 9103
Monaca, Pa 15066

A unique learning opportunity during which participants experience what is commonly referred to as auditory hallucinations.

This 3-hour training includes

- A presentation on the phenomenon of hearing distressing voices
- The simulation experience
- A discussion period

Training participants will learn about the subjective experience of hearing distressing voices, increase their understanding of the day-to-day challenges facing people with psychiatric disabilities, become more empathetic toward voice hearers, and be more inspired to consider changes in clinical practice which would better address the needs of people who hear distressing voices.

Note: This training is intended only for non-voice hearers.
Description:

Developing Empathy for the Lived Experience of Psychiatric Disability: A Simulation of Hearing Distressing Voices is a workshop developed by Pat Deegan, Ph.D. Participants will listen to a recorded lecture by Dr. Deegan about the experience of hearing voices, and then listen to a specially designed audiotape that simulates the experience of hearing voices that are distressing. During this portion of the workshop, participants will undertake a series of mock tasks/activities including cognitive testing, social interaction in a community setting, a psychiatric emergency room interview and day treatment activities group. The simulation experience will increase participants' understanding of the lived-experience of psychiatric disability and increase empathy for those who struggle with it.

Objectives of the training are:

1. To learn the types and varieties of voice hearing experiences
2. To increase empathy and understanding of the experience of hearing distressing voices.
3. To learn more effective ways of helping people who hear distressing voices.
4. To learn coping strategies helpful for voice-hearers and those working with people who hear distressing voices.

*This training is free*

**Space is limited. Pre-registration is required**

*No walk-in registrations will be accepted*

**Registration deadline is October 17, 2014**

First Name ________________________________

Last Name ________________________________

Agency ________________________________

Address ________________________________

City __________________ State __________ Zip ____________________________

Telephone ( ) ______-__________ E-mail ________________________________

Return the completed registration form to:

Education and Training Consultants * 251 Woodside Road * Pittsburgh, PA 15221 * Fax: 412-244-1244